



AN ITALIAN KITCHEN | SUMMER 2017 SUNDAY SUPPER

Chef/Partner, Matt Mytro | General Manager, Michael Riley | Manager, Al Spahiu | Chef de Cuisine, Joe Lang | Sous Chefs : David Chin, Dan Principe

At Flour, we seek locally raised and homegrown products harvested at their seasonal peak.

We wish to thank the farmers, producers, and artisans who take special care to bring their chosen craft to our table.

meats & cheese

SALUMI | 19
cured italian meats

CHEESE 5pc | 17
chef's selection changes daily

SALUMI & CHEESE | 20

PERFECT
FOR SHARING
mangial!

start here

ITALIAN WEDDING SOUP | 9
chicken stock, veal meatballs, escarole

PAUL'S STUFFED PEPPERS | 13
sausage, banana pepper, aged provolone, marinara

CRISPY CALAMARI | 13.5
brulee lemon, arugula & marinara

CHORIZO STUFFED MEDJOL DATES | 12
pancetta wrapped dates, roasted red pepper sauce

FRIED OLIVES | 11.5
goat cheese stuffed, balsamic aioli

PRINCE EDWARD ISLAND MUSSELS | 13
sausage, brodo, pickled fennel, flatbread

salad

LOCAL GREENS | 9.5
carrot, tomato, radish, sunflower seeds,
baby cucumber, sherry shallot vinaigrette

CAESAR | 12 ADD A POACHED EGG | 3
romaine heart, crouton, reggiano, caesar dressing

Go Green!

wood-fired pizza

Our 10" wood-fired pies have a natural, lightly charred crust

CLASSIC CHEESE PIE | 13
crushed tomato,
fresh mozzarella, grana

FUNGHI | 18
roasted shallot, wild mushrooms,
Mackenzie goat cheese, thyme, white truffle oil

PEPPERONI | 14
crushed tomato, fresh mozzarella, grana

PESTO PIZZA | 16
smoked italian sausage, aged provolone,
caperberries

PROSCIUTTO | 18
evoo, stracciatella, pickled sweet peppers

MARGHERITA | 13
crushed tomato, fresh mozzarella, basil

SAUSAGE | 14.5
crushed tomato, fresh mozzarella, grana

ADD MORE STUFF
egg, arugula, basil, sausage,
anchovies, pepperoni | 3

mushrooms | 4

prosciutto | 6.5

fresh pasta

TAGLIATELLE | 15 | 22
ragu alla bolognese

RICOTTA AGNOLOTTI | 14.5 | 21
carrot, mint, breadcrumbs, truffle oil

CAVATELLI* | 15 | 22
mushroom bolognese & reggiano

SPAGHETTI & MEATBALLS | 18
marinara, hand-rolled meatballs

FPC

FLOUR PASTA COMPANY

*We offer a special selection
of our hand-cut pastas
to take home!*

8 oz | \$5

supper time

CHICKEN PARMESAN | 21
provolone, marinara, spaghetti

JOE JOE'S LASAGNA | 23
sausage, bolognese, ricotta, basil

LOCH DUART SCOTTISH SALMON | 27
sunflower seed risotto, fennel & celery salad, orange-chestnut vinaigrette

HALIBUT PICCATA | 35
mushrooms, summer squash, caper-berries, lemon

SPRINGER MOUNTAIN AIRLINE CHICKEN | 25
polenta, spinach, caperberries, sundried tomatoes

CERTIFIED ANGUS BEEF SKIRT STEAK | 29
potato-mustard green hash, caramelized onion & fennel, steak oil

take sides

SMASHED fingerlings | 9

SPINACH & garlic | 8

Treat yourself!