

At Flour, we seek locally raised and homegrown products harvested at their seasonal peak.

We wish to thank the farmers, producers, and artisans who take special care to bring their chosen craft to our table.

## meats & cheese

SALUMI | 19

cured italian meats

CHEESE 5pc | 17 chef's selection changes daily

SALUMI & CHEESE | 20

PERFECT FOR SHARING mangia!

### start here

WOOD OVEN ROASTED OCTOPUS | 14 grilled focaccia, calabrian butter, tomatoes, capers

ITALIAN WEDDING SOUP | 9

chicken stock, veal meatballs, escarole

PAUL'S STUFFED PEPPERS | 13

sausage, banana pepper, aged provolone, marinara

BIG A\$\$ MEATBALL | 11 whipped ricotta, sicilian provolone, sage

CRISPY CALAMARI | 13.5

brulee lemon, arugula, marinara

CHORIZO STUFFED MEDJOOL DATES | 12

pancetta wrapped dates, roasted red pepper sauce

FRIED OLIVES | 11.5

goat cheese stuffed, balsamic aioli

PRINCE EDWARD ISLAND MUSSELS | 13

sausage, brodo, pickled fennel & flatbread

## go green

LOCAL GREENS | 9.5

carrot, tomato, radish, sunflower seeds, baby cucumber, sherry shallot vinaigrette

CAESAR | 12 ADD A POACHED EGG | 3 ADD ANCHOVIES | 4

romaine heart, crouton, reggiano, caesar dressing

PROSCIUTTO SALAD | 15 arugula, artichoke, lemon, reggiano cheese

# fresh pasta

TAGLIATELLE | 15 | 22 ragu alla bolognese

Chef/Partner, Matt Mytro | General Manager, Michael Riley | Manager, Al Spahiu | Chef de Cuisine, Joe Lang | Sous Chefs : David Chin, Dan Principe

SPAGHETTI & CLAMS | 16 | 25 manila clams, chili & white wine

RICOTTA AGNOLOTTI | 14.5 | 21 carrot, mint, breadcrumbs, truffle oil

CAVATELLI\* | 15 | 22 veggie mushroom bolognese, reggiano

LAMB GARGANELLI | 16 | 25 sugo, tomato, reggiano

BUCATINI CARBONARA | 14.5 | 23 pancetta, bottarga, mini onions

FLOUR PASTA COMPANY

We offer a special selection of our hand-cut pastas to take home!

8 oz | \$5

#### main dishes

SPRINGER MOUNTAIN AIRLINE CHICKEN | 25 polenta, spinach, caperberries, sundried tomatoes

JOE JOE'S LASAGNA | 23 sausage, bolognese, ricotta, basil

LOCH DUART SCOTTISH SALMON | 27

sunflower seed risotto, fennel & celery salad, orange-chestnut vinaigrette

HALIBUT PICCATA 35

mushrooms, summer squash, caper-berries, lemon

CERTIFIED ANGUS BEEF® SKIRT STEAK | 29 potato-mustard green hash, caramelized onion & fennel, steak oil



feature of the month!

LOBSTER BISQUE | 14

claw meat, sherry, tarragon crema



## take sides

EGGPLANT meatballs | 9

SPINACH & garlic

SMASHED fingerlings | 8

Treat yourself! Add a side or two

# wood-fired pizzas

Our 10" wood-fired pies have a delicious, lightly charred crust

CLASSIC CHEESE PIE | 13

crushed tomato, fresh mozzarella, stracciatella cheese, grana

MARGHERITA | 13

crushed tomato, fresh mozzarella, basil

SAUSAGE | 14.5

crushed tomato, fresh mozzarella, grana

PEPPERONI | 14

crushed tomato, fresh mozzarella, grana

PESTO PIZZA | 16

smoked italian sausage, aged provolone, caperberries

PROSCIUTTO | 18

evoo, stracciatella, pickled sweet peppers

# FUNGHI | 18

roasted shallot, wild mushrooms, Mackenzie goat cheese, thyme, white truffle oil

## ADD MORE STUFF

egg, arugula, basil, sausage pepperoni | 3

anchovies, mushrooms | 4

prosciutto | 6.5

