



AN ITALIAN KITCHEN | SUMMER 2017 SUNDAY SUPPER

Chef/Partner, Matt Mytro | General Manager, Michael Riley | Chef de Cuisine, Joe Lang | Sous Chefs : David Chin, Dan Principe

At Flour, we seek locally raised and homegrown products harvested at their seasonal peak.

We wish to thank the farmers, producers, and artisans who take special care to bring their chosen craft to our table.

meats & cheese

**SALUMI** | 19  
cured italian meats

**CHEESE** 5pc | 17  
chef's selection changes daily

**SALUMI & CHEESE** | 20

PERFECT  
FOR SHARING  
*mangial!*

start here

**ITALIAN WEDDING SOUP** | 9  
chicken stock, veal meatballs, escarole

**PAUL'S STUFFED PEPPERS** | 13  
sausage, banana pepper, aged provolone, marinara

**CRISPY CALAMARI** | 13.5  
brulee lemon, arugula & marinara

**CHORIZO STUFFED MEDJOL DATES** | 12  
pancetta wrapped dates, roasted red pepper sauce

**FRIED OLIVES** | 11.5  
goat cheese stuffed, balsamic aioli

**PRINCE EDWARD ISLAND MUSSELS** | 13  
sausage, brodo, pickled fennel, flatbread

salad

**LOCAL GREENS** | 9.5  
carrot, tomato, radish, sunflower seeds, baby cucumber, sherry shallot vinaigrette

**CAESAR** | 12 ADD A POACHED EGG | 3  
romaine heart, crouton, reggiano, caesar dressing

Go Green!

wood-fired pizza

Our 10" wood-fired pies have a natural, lightly charred crust

**CLASSIC CHEESE PIE** | 13  
crushed tomato, fresh mozzarella, grana

**FUNGHI** | 18  
roasted shallot, wild mushrooms, Mackenzie goat cheese, thyme, white truffle oil

**PEPPERONI** | 14  
crushed tomato, fresh mozzarella, grana

**BACON** | 14  
cheddar, pear, mozzarella, maple syrup

**PROSCIUTTO** | 18  
evoo, stracciatella, pickled sweet peppers

**MARGHERITA** | 13  
crushed tomato, fresh mozzarella, basil

**SAUSAGE** | 14.5  
crushed tomato, fresh mozzarella, grana

**ADD MORE STUFF**  
egg, arugula, basil, sausage, anchovies, pepperoni | 3

mushrooms | 4

prosciutto | 6.5

fresh pasta

**TAGLIATELLE** | 15 | 22  
ragu alla bolognese

**RICOTTA AGNOLOTTI** | 14.5 | 21  
carrot, mint, breadcrumbs, truffle oil

**CAVATELLI** | 15 | 22  
mushroom bolognese & reggiano

**SPAGHETTI & MEATBALLS** | 18  
marinara, hand-rolled meatballs

ALL OUR  
PASTA  
IS MADE  
IN-HOUSE  
*enjoy a little or a lot'a*

supper time

**CHICKEN PARMESAN** | 21  
provolone, marinara, spaghetti

**JOE JOE'S LASAGNA** | 23  
sausage, bolognese, ricotta, basil

**FAROE ISLAND SALMON** | 26  
lentils, oven dried tomato, pickled celery gremolata

**HALIBUT PICCATA** | 35  
mushrooms, asparagus, caper-berries, lemon

**DOUBLE AIRLINE CHICKEN BREAST** | 24  
polenta, spinach, caperberries, sundried tomatoes

**CERTIFIED ANGUS BEEF SKIRT STEAK** | 29  
potato-mustard green hash, caramelized onion & fennel, steak oil

take sides

**SMASHED** fingerlings | 9

**SPINACH & garlic** | 8

Treat yourself!