



AN ITALIAN KITCHEN | SUMMER 2017 MONDAY

Chef/Partner, Matt Mytro | General Manager, Michael Riley | Manager, Al Spahiu | Chef de Cuisine, Joe Lang | Sous Chefs : David Chin, Dan Principe

At Flour, we seek locally raised and homegrown products harvested at their seasonal peak.

We wish to thank the farmers, producers, and artisans who take special care to bring their chosen craft to our table.

meats & cheese

SALUMI | 19
cured italian meats

CHEESE 5pc | 17
chef's selection changes daily

SALUMI & CHEESE | 20

PERFECT
FOR SHARING
mangia!

start here

OCTOPUS | 14
smoked beet puree, pickled celery gremolata

ITALIAN WEDDING SOUP | 9
chicken stock, veal meatballs, escarole

PAUL'S STUFFED PEPPERS | 13
sausage, banana pepper, aged provolone, marinara

BIG \$\$\$ MEATBALL | 11
whipped ricotta, sicilian provolone, sage

CRISPY CALAMARI | 13.5
brulee lemon, arugula, marinara

CHORIZO STUFFED MEDJOO DATES | 12
pancetta wrapped dates, roasted red pepper sauce

FRIED OLIVES | 11.5
goat cheese stuffed, balsamic aioli

PRINCE EDWARD ISLAND MUSSELS | 13
sausage, brodo, pickled fennel & flatbread

go green

LOCAL GREENS | 9.5
carrot, tomato, radish, sunflower seeds, baby cucumber, sherry shallot vinaigrette

CAESAR | 12 ADD A POACHED EGG | 3
romaine heart, crouton, reggiano, caesar dressing

PROSCIUTTO SALAD | 15
arugula, artichoke, lemon, reggiano cheese

wood-fired pizzas | MONDAY \$8 PIES

Our 10" wood-fired pies have a delicious, lightly charred crust

CLASSIC CHEESE PIE | \$8
crushed tomato, fresh mozzarella, stracciatella cheese, grana

MARGHERITA | \$8
crushed tomato, fresh mozzarella, basil

PEPPERONI | \$8
crushed tomato, fresh mozzarella, grana

PESTO | \$8
smoked italian sausage, aged provolone, caperberries

SAUSAGE | \$8
crushed tomato, fresh mozzarella, grana

PROSCIUTTO | 18
evoo, stracciatella, pickled sweet peppers

FUNGHI | 18
roasted shallot, wild mushrooms, Mackenzie goat cheese, thyme, white truffle oil

ADD MORE STUFF

egg, arugula, basil, sausage, anchovies, pepperoni | 3

mushrooms | 4

prosciutto | 6.5

fresh pasta

TAGLIATELLE* | 15 | 22
ragu alla bolognese

SPAGHETTI* & CLAMS | 16 | 25
manila clams, chili & white wine

RICOTTA AGNOLOTTI | 14.5 | 21
carrot, mint, breadcrumbs, truffle oil

CAVATELLI* | 15 | 22
veggie mushroom bolognese, reggiano

LAMB GARGANELLI* | 16 | 25
sugo, tomato, reggiano

BUCATINI* CARBONARA | 14.5 | 23
pancetta, bottarga, mini onions

FPC

FLOUR PASTA COMPANY

We offer a special selection of our hand-cut pastas to take home!

8 oz | \$5

main dishes

DOUBLE BREASTED CHICKEN | 24
polenta, spinach, caperberries, sundried tomatoes

JOE JOE'S LASAGNA | 23
sausage, bolognese, ricotta, basil

FAROE ISLAND SALMON | 26
lentils, oven dried tomato, pickled celery gremolata

HALIBUT PICCATA | 35
mushrooms, summer squash, caper-berries, lemon

CERTIFIED ANGUS BEEF® SKIRT STEAK | 29
potato-mustard green hash, caramelized onion & fennel, steak oil

take sides

EGGPLANT meatballs | 9

SPINACH & garlic | 8

SMASHED fingerlings | 8

Treat yourself!

Add a side or two



Feature of the Month

SPINACH & ARTICHOKE PIE | 16

garlic butter, aged provolone, grana